UPRIGHT BIKES

MATRIX

A Better Ride By Design



Experience a better ride by design with the unmatched ergonomics of the industry's most stable, comfortable and versatile step-through bikes.





	LISO		
FRAME	Dual Form step-through upright		
PEDAL TYPE	Self-balancing with adjustable straps, interchangeable		
SEAT TYPE	Comfort Arc upright seat, interchangeable		
SEAT ADJUSTMENT	Up / down via easy-lift lever	Up / down via turn and pull knob	
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.	
RESISTANCE SYSTEM	Exact Force Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic	
HANDLEBAR TYPE	Multi-position with resistance toggles and heart rate grips, adjustable console height, interchangeable		
EXTRAS	Water bottle holder		
DIMENSIONS (L × W × H)	122 x 62 x 143 cm / 48" x 24" x 56"	122 x 62 x 143 cm / 48" x 24" x 56"	
PRODUCT WEIGHT	55 kg / 122 lbs.	52 kg / 115 lbs.	
USER WEIGHT CAPACITY	159 kg / 350 lbs.		
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.





Our Comfort Arc Seat is ergonomically molded to provide unmatched comfort, support and balance during workouts.



Exact Force Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.

Specifications subject to change without notice. For more information about Matrix Fitness: matrixfitness.com

CONSOLES

MATRIX



THE ULTIMATE IN ENTERTAINMENT

Our finest console includes a stunning HD display

and an intuitive home screen that offers easy

access to entertainment. Includes expanded

Bluetooth connectivity to user devices.

XIR

MATRIX

XER

INTUITIVE APP INTERFACE

Our XER console includes a clear display and an intuitive home screen that offers easy access to entertainment. Includes Bluetooth connectivity.



XR

SIMPLY PERFECT

Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	• (5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE INTEGRATED	•	•	•
VIEWFIT CONNECTIVITY	•	•	•
PASSPORT READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•

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SPRINT

This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



Specification

Our integrated ViewFit connectivity system sends workout data to the fitness apps and tools you already use. It also makes it easy to share data in your favorite social networks.



Passport compatibility makes it easy to experience the global HD destination footage of our immersive Virtual Active program on your big screen.

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